	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am	GOOD MORNING ON UCR non-stop christian hits	GOOD MORNING ON UCR non-stop christian hits	GOOD MORNING ON UCR non-stop christian hits	GOOD MORNING ON UCR non-stop christian hits	GOOD MORNING ON UCR non-stop christian hits	FAVOURITE HYMNS	FAVOURITE HYMNS
						CATHOLIC COFFEE MORNING Catholic news bulletins Interviews	CATHOLIC COFFEE MORNING Catholic news bulletins Interviews
8.45am	Divine Office Morning Prayer	Divine Office Morning Prayer	Divine Office Morning Prayer	Divine Office Morning Prayer	Divine Office Morning Prayer		
9am	THE CATHOLIC PLAYLIST	HOW TO PRAY FOR WHAT YOU WANT	JUST A CATHOLIC DAD	ISLAND OF SAINTS Coming soon!	CATHOLIC PLAYLIST WORSHIP		
9.30am		PIPESMOKE PONDERINGS					
10am	CATHOLIC COFFEE MORNING Catholic news bulletins Caroline Farrow Q & A Interviews	CATHOLIC COFFEE MORNING Catholic news bulletins Caroline Farrow Q & A Interviews	CATHOLIC COFFEE MORNING Catholic news bulletins Caroline Farrow Q & A Interviews	CATHOLIC COFFEE MORNING Catholic news bulletins Caroline Farrow Q & A Interviews	CATHOLIC COFFEE MORNING Catholic news bulletins Caroline Farrow Q & A Interviews	CAROLINE FARROW Q&A CLASSICAL HOUR	CAROLINE FARROW Q&A CLASSICAL HOUR
12pm	GOSPEL SONGS	CATHOLIC EDUCATION	PETER KREEFT TALKS	CATHOLIC POLITICS	THE CATHOLIC DEBATE	NON STOP IRISH	NON STOP IRISH
1pm	CHURCH HOUR Prayers Gospel readings Liturgical Music	CHURCH HOUR Prayers Gospel readings Liturgical Music	CHURCH HOUR Prayers Gospel readings Liturgical Music	CHURCH HOUR Prayers Gospel readings Liturgical Music	CHURCH HOUR Prayers Gospel readings Liturgical Music	THE ANDY SEVERYN SHOW CLARITY ON CHARITY	CATHOLIC PLAYLIST WORSHIP DISCOVERING CHRISTIAN ARTISTS
2pm	ADVENT TRACKS	ADVENT TRACKS	ADVENT TRACKS	ADVENT TRACKS	ADVENT TRACKS	THE POLISH ENGLISH LIFE	ISLAND OF SAINTS
3pm	CLASSICAL HOUR	CLASSICAL HOUR	CLASSICAL HOUR	CLASSICAL HOUR	CLASSICAL HOUR		
4pm	BIBLE STORIES	BIBLE STORIES	BIBLE STORIES	BIBLE STORIES	BIBLE STORIES	60S HITS	UCR TOP 40
4.30pm	HEADING HOME Catholic news bulletin non-stop christian hits	HEADING HOME Catholic news bulletin non-stop christian hits	HEADING HOME Catholic news bulletin non-stop christian hits	HEADING HOME Catholic news bulletin non-stop christian hits	HEADING HOME Catholic news bulletin non-stop christian hits	THE CATHOLIC PLAYLIST BIBLE STORIES	
7pm	MY LIFE	THE POLISH ENGLISH LIFE	THE GATHERING	THE ANDY SEVERYN SHOW	SPORT TALK	OLD BUT GOLD 60s, 70s and 80s hits	BIBLE STORIES
8pm	MEMORIES AND MUSIC	DISCOVERING CHRISTIAN ARTISTS	CLARITY ON CHARITY	CHRISTMAS CAROLS Coming soon!	YOUNG AND CATHOLIC	MY LIFE	MEMORIES AND MUSIC
9pm	NON STOP CHILLOUT	NON STOP FEEL GOOD HITS	NON STOP 70S HITS	NON STOP 80S HITS	NON STOP 90S HITS	NON-STOP LOVESONGS	NON-STOP GOSPEL SONGS
10pm	DIVINE OFFICE NIGHT PRAYER	DIVINE OFFICE NIGHT PRAYER	DIVINE OFFICE NIGHT PRAYER	DIVINE OFFICE NIGHT PRAYER	DIVINE OFFICE NIGHT PRAYER	BE STILL AND KNOW	BE STILL AND KNOW
10.15PM	Be still and know	Be still and know	Be still and know	Be still and know	Be still and know		
11pm	Last Train home	Last Train home	Last Train home	Last Train home	Last Train home	Last Train home	Last Train home